



PRESS RELEASE

FOR IMMEDIATE RELEASE

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Register: Hagman's 1st Annual Happy Hearts Health Fair

ONTARIO, CA – Today, Fourth District Supervisor Curt Hagman re-issued his invitation for the community to join him in making happy hearts a priority during American Heart Month on Friday, February 26th, 2016.

Supervisor Hagman has united with local elected officials Senator Connie Leyva and Assemblymember Freddie Rodriguez, healthcare professionals, the City of Ontario, Inland Empire Health Plan (IEHP), and San Bernardino County's Department of Public Health in arranging the Fourth District's First Annual Happy Hearts Health Fair for local residents to take advantage of potentially life-saving information regarding their heart health. Other community partners include: American Heart Association, Hearts of Color, YMCA, Inland Behavioral & Health Services, San Antonio Regional Hospital and West Coast University.

The Centers for Disease Control & Prevention (CDC) confirm that heart disease is the leading cause of death for both men and women, and is responsible for one in every four deaths in the United States. By joining the effort to fight heart disease in San Bernardino County, Hagman hopes to provide the community with much needed tools to contest a growing issue that is impacting our local community.

Heart health statistics are particularly concerning in San Bernardino County where the age adjusted death rate for coronary artery disease is currently 120.9 deaths per 100,000 people which falls far short of the Healthy People 2020 Goal of 103 deaths per 100,000. With heart disease being the leading cause of mortality in the United States, there has been a longstanding effort to assess risk factors for heart disease and to develop strategies to prevent heart disease by modifying those factors.

Hagman expressed his support for American Heart Month and upcoming health fair by stating, "The goal of this health fair is to bring attention to this illness and to provide resources and information to the community about preventing heart disease through simple lifestyle changes and identifying treatable risk factors such as diabetes and high blood pressure." The health fair will have nurses on-site that to provide free blood pressure and free diabetic screenings to residents who would like to ensure their heart is in good shape.

The First Annual Happy Hearts Health Fair will be held February 26, 2016 at the Westwind Community Center located at 2455 East Riverside Drive in Ontario. Doors will open at 10 AM and close around 1:00 PM. Additional information will be posted to Supervisor Hagman's website: www.sbcounty.gov/bosd4; residents can also call (909) 387-4866. To register for this FREE event, please visit: <http://hagmanhealthfair.eventbrite.com>. Residents can stop by at any time through 10 am to 1 pm.

Supervisor Hagman has represented the Fourth Supervisorial District since December 2014. Prior to his election as County Supervisor, Hagman served as a State Assemblyman of California's 55th District. He is happily married to his wife Grace Hagman and has two children, Jonathan and Elizabeth. In addition to his service to the cities of Chino, Chino Hills, Ontario, Upland, and Montclair, Hagman is also a small business owner and a member of the California State Military Reserve.

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